Rationale:
At Maryborough Education Centre the Health and Physical Education program promotes lifelong participation in physical activity through the development of attitudes, skills and movement competence. The program helps young people learn about factors, including nutrition, that promote and protect the physical, social and emotional health of individual. Students will learn to identify harms associated with particular situations and behaviours, and how to take action to minimise these harms.

Goals:
To develop in students:
- An understanding that health has physical, social and emotional dimensions.
- An understanding of how relationships develop and change, and the knowledge and skills to promote effective relationships.
- Experience as a skilled participant in play, games, dance, gymnastics, sport and outdoor activities.
- Game sense, tactical play, teamwork, cooperation, fitness, decision making and following rules.
- An understanding of how food provides nutrients for energy and growth, and plays a significant social role in peoples lives.
- Knowledge and skills to select food to promote health and growth.
- An understanding of Traffic Safety education.

Guidelines:
- Provide Physical Education by a specialist teacher.
- Year levels to provide extra Physical Education in own timetables in P-6
- Develop the children’s skills in ball handling, gymnastics, athletics, major games, and dance in line with the VELS domains and dimensions and the ‘Fundamental Motor Skills’ booklet.
- Organise the PMP program, take photos to provide to teachers.
- Approach members of the community to help with the coaching of major sports such as soccer, basketball, rugby.
- Run coaching and training, programs at lunchtime for 30 minutes, concentrating on interschool teams such as basketball teams, athletics team, cricket teams and cross country teams, when the need arises eg. before the interschool events.
• Develop the physical skills, attitudes and behaviour patterns for the safe use of the roads and the public transport system – including the wearing of a helmet, if riding a bike or a scooter to school,

• Coordinate and support teachers with implementation of games or need for equipment

• Raise the profile of Phys. Ed. / Sport in the school community through regular newsletter articles, incursions and coaching clinics.

• School representative for the Maryborough Primary Schools Sports Association.

• Co-ordinate the Health program.

• Oversee the Health/ P.E./Sport budget.

• Co-ordinate the Health program.

• Liaise the ‘Active - After School Care Program’.

• Co-ordinate the Life Education Van annually, including class timetable.

• Co-ordinate lunchtime activities and borrowing system for recess and lunchtimes.

• Implement a Human Development or Sex education program for all Year levels 5-10.

**Evaluation:**

Evaluation of the Program will be ongoing and based on the learning outcomes outlined in the Australian Curriculum/AusVELS. Methods of evaluation will include:

- anecdotal records
- conferencing with teacher
- Student work
- self assessment
- program evaluation (i.e. through Program Budget)

This policy will be reviewed as part of the school’s three-year review cycle.

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This policy was last ratified by School Council on Wednesday 10th December 2014

Signed:
Paul Rumpff
School Council President